Goodbye Letter

Writing a goodbye letter to someone who died can be a powerful way to express your thoughts and feelings. Complete all or some of the prompts below. Then you choose: Share, save or shred.

Dear __________,

I want you to know that ____________________________________________

_________________________________________________________________

I will miss not being able to _________________________________________

_________________________________________________________________

I feel sad that you won’t be there when I __________________________________

_________________________________________________________________

What I miss most is _________________________________________________

_________________________________________________________________

If you were here now, I would tell you __________________________________

_________________________________________________________________

I think if you were here now, you would tell me __________________________

_________________________________________________________________

I feel good knowing that _____________________________________________

_________________________________________________________________

One thing that you taught me is _______________________________________

_________________________________________________________________

Thank you for ______________________________________________________

_________________________________________________________________