National Bereavement Resource Guide

Wherever you are
We’re there for you
An extensive guide to aid those in need

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Sponsored by New York Life and Eluna

Wherever children and their families are grieving, and wherever they are in the grieving process, we are here to help.  

New York Life is proud to partner with Eluna to provide the enclosed compilation of state and local resources—camps and grief organizations organized by state, plus books and websites for children and their families experiencing loss.

The New York Life Foundation (www.newyorklifefoundation.org) has long been focused on serving children in need. In 2008, the Foundation expanded that focus to include an initiative to help children deal with the loss of a parent, caregiver or sibling and to help parents deal with the emotional turmoil that results from the death of a close family member. We believe this comprehensive guide will provide the necessary resources and directory of services to help support grieving families in communities across the country. In addition, we’ve developed a bereavement website that can help—www.AChildinGrief.com.

Eluna (elunanetwork.org) is a public, 501(c)(3) non-profit with a mission to support children and families impacted by grief or addiction. Founded in 2000 in Seattle by former MLB pitcher Jamie Moyer and child advocate Karen Phelps Moyer, Eluna was originally called The Moyer Foundation and launched a series of programs supporting thousands of children and families annually at no cost to them. Camp Erin® is the largest national network of grief programs for bereaved children and teens, Camp Mariposa® is a national addiction prevention and mentoring program for youth impacted by a family member’s substance use disorder, and the Eluna Resource Center offers online tools, local referrals and personalized phone and email support for families experiencing grief, addiction and other related issues.
Films

**Children and Grief**  
*A Professor Child Production*  
In *Children and Grief*, ten brave children share their stories of losing a loved one. We hear about their grief and loss and how they are coping and healing. Their advice for other children who have lost a loved one is honest, sincere, and heartfelt. These children have experienced a life-changing event, yet they manage to share their stories with a sense of strength and resiliency.

**One Last Hug (and a Few Smooches): Three Days at Grief Camp**  
*HBO Documentary*  
*One Last Hug* follows the experience of grieving children at Camp Erin, a three-day grief camp for children who have experienced a death of a parent, sibling, or other beloved person founded by The Moyer Foundation. This film illuminates the effects of death and grief on children and is a testament to the healing power of friendship and support. Under the guidance of grief professionals and volunteers, kids learn that their feelings are normal, and that by talking about them they can begin to heal.  
*Currently available on HBO GO, HBO On Demand, and for purchase on HBO SHOP*

**The Tomorrow Children Face When a Parent Dies**  
*The Dougy Center*  
In this documentary, children, teens, and young adults speak openly and eloquently about the death of a parent. They discuss how they found out about their parent’s death, not having the opportunity to say goodbye, the value of ritual in healing, thoughts on spirituality, going back to school, grieving as a family, surviving holidays, grieving over time, and much more.

**What About Me? Kids & Grief**  
*Film Ideas, Inc.*  
This video highlights 11 boys and girls, ages 4-14, while they discuss grief experiences due to death or chronic illness of a sibling, parent or grandparent. The children talk about their experiences to offer hope, support, and a sense of community to other children.