



Holiday Toolkit: Supporting Grieving Children During the Season of Family



PROUD MEMBER

Created By [National Alliance for Children's Grief](#)

The "Season of Family" provides us an opportunity to celebrate and remember those loved ones who have been important to us.

The [National Alliance for Grieving Children](#) has put together an informative toolkit to support grieving children during the holidays. The toolkit includes

- A holiday schedule
- Issues specific to each holiday
- Activities
- Conversation prompts
- Ways to honor the loved one that has died
- Important tips on how to navigate this season of family including: *Give Yourself Permission to Celebrate.*



Download the booklet with the button below. You can also save this resource and share it with anyone you think would find it helpful: click on the SAVE + button above.

We also have information for childrens' teachers: [Grief Over the Holidays: Educators Can Help Students Cope](#)

[Download Holiday Booklet](#)