



**KidsGrief.ca**

VirtualHospice CANADIAN  Portailpalliatif CANADIEN

Created by [\*Virtual Hospice Canada\*](#)

[KidsGrief.ca](#) and [Deuildesenfants.ca](#) are free, bilingual (English/French) online resources for parents, guardians and caregivers who are supporting grieving children and teens.

When someone important to a child is diagnosed with a life-limiting illness, is dying or has died, families struggle with what to tell children, when to share information and how to address tough subjects like: Should children be at the bedside of someone who is dying and cremation?

KidsGrief.ca is a series of three learning modules that help tackle these topics in a straightforward, practical way. The modules provide strategies, talking points and video clips of families sharing personal stories. KidsGrief.ca was developed by a national team of experts in childrens' grief and family members who have "been there".

KidsGrief.ca is built upon the model of MyGrief.ca - an award winning site for adults. [See more about MyGrief.ca here.](#)

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