



## Hopeful Hearts



Created by [Hopeful Hearts](#)

Located in Western Pennsylvania, Hopeful Hearts provides a safe and caring environment for grieving children and their families to come together and safely explore and share their experiences, feelings, and memories of the person who has died. Children grouped by age participate in activities led by trained volunteers.

Parents and guardians meet in small groups to share their experiences and support each other in helping their children cope with the death.

The Hopeful Hearts program is at no cost to participating families.

[Visit Hopeful Hearts](#)



"Any child who is old enough to love, is old enough to grieve"

Alan Wolfelt

Mission Statement

The mission of Hopeful Hearts is to improve the lives of grieving children and their families by providing support in a safe and caring environment, where all are welcome, and where families can grow through the healing process.

The image shows a woman with blonde hair smiling warmly between two young children, a girl on the left and a boy on the right. The background is slightly blurred, suggesting an indoor setting. Below the photo is a grey box containing text.