

## The Goodbye Book

• Author - Todd Parr

From bestselling author Todd Parr, a poignant and reassuring story about loss. Through the lens of a pet fish who has lost his companion, Todd Parr tells a moving and wholly accessible story about saying goodbye. Touching upon the host of emotions children experience, Todd reminds readers that it's okay not to know all the answers, and that someone will always be there to support them. An invaluable resource for life's toughest moments.

This is a wonderful book for children, starting around age four, to begin to understand the idea of grief. The Goodbye Book can help children name their feelings which is an important tool for healing, expression, and resilience.

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