



Crisis Connections Cares Program



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When the death of a loved one occurs by suicide, it is often unexpected and shocking. The suicide can leave survivors unclear as to why it happened or if they could have prevented it. It may take a while to accept, but it is not your fault.

Healing from a suicide loss can be a long and difficult journey, but you are not alone.

CC Cares is a program for those newly bereaved by suicide from those who have been there. CC Cares was originally a program started and nurtured by Forefront Suicide Prevention - A Center of Excellence at the University of Washington.

[Contact CC Cares Program](#)

