Explaining the suicide of a loved one to a child or teen can feel overwhelming - and heartbreaking. We want to protect our children from the shock and pain of loss - and yet we can't.

Alliance of Hope provides healing and compassionate support during the lonely and tumultuous aftermath of suicide. They offer a range of online resources that aim to assist loved ones who are grieving the loss of a loved one from suicide.

A few of their resources are highlighted below:
Talking to a Child about Suicide
Talking to Teens about the Suicide of a Peer
Video: Understanding Suicide, Supporting Children
The Survivor Experience
Visit Alliance of Hope