Pacer’s National Bullying Prevention Center

Pacer's National Bully Prevention Center is the nation's leading expert on bullying prevention and how to support children being bullied. They have an exhaustive section that outlines what you need to know about Cyberbullying.

They define Cyberbullying as:

Cyberbullying is bullying that takes place over digital devices like cell phones, computers, and tablets. Cyberbullying can occur through text and apps, or online in social media, forums, or gaming where people can view, participate in, or share content. Cyberbullying includes sending, posting, or sharing negative, harmful, false, or mean content about someone else. It can include sharing personal or private information about someone else, causing embarrassment or humiliation. Some cyberbullying crosses the line into unlawful or criminal behavior.

Given this past year's isolation during the pandemic, children and teens are spending more time on screens than ever. Any screentime provides the opportunity for bullying. We invite you to learn more about cyberbullying so that you can prevent your child from becoming a victim and support them if/when they experience cyberbulling.

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