Prevention Video: Chiara de Blasio Speaks Up

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In the hopes of helping others, Chiara de Blasio wants to share her personal story. The daughter of New York Mayor Bill de Blasio, Chaira explores her depression and bartering with substances to try to balance her feelings. Chiara's struggle with depression and substance abuse is a story of hope. Chaira removes substances from her life and is able to thrive.

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