Community Conversation: Breaking the Cycle of Addiction Through Mentoring

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On Thursday, April 7th at 2 PM ET, Eluna hosted a one-hour virtual panel focused on how mentoring can help children and families break the intergenerational cycle of addiction. View the conversation here.

Our panel, featuring Camp Mariposa mentors, youth participants, and program directors, highlighted how trained mentors are successfully helping youth and families cope with a loved one’s substance use disorder and preventing the next generation from developing their own addiction. The conversation was moderated by Jennifer Lewis-Hall, Journalist at PHL17.

Mentoring Resources:

- Mentoring: Why it works
- The National Mentoring Partnership
- Foster/Kinship Caregivers: Supporting Children Impacted by Substance Use

Supporting children impacted by substance use disorder:

- How to Explain Addiction and Substance Use Disorder to Children (6-12)
- The Seven Cs
- Family Rules: Don't talk, don't trust, don't feel, Dr. Claudia Black
- Timbi Talks About Addiction

Recovery Resources:

- HereNow Connect Sobriety Tool
- Reach Out Recovery
- Learn to Cope

Register online for the Community Conversation

More Community Conversations