Postcard Pointers

- **Author** - Custom Resource by the Eluna Team

When responding to youth impacted by grief or addiction there is often a series of complex factors contributing to these moments of human connection & support. As a caregiver, frontline worker, support professional, or camp partner - we recognize the need for resources that can be easily referenced and shared. Designed by Eluna's diligent programmatic teams, we are proud to present these pocket-size postcard pointers with top tips from the field of bereavement support and substance use disorder prevention.

You are welcome to print each postcard and distribute freely or you can purchase a set of pre-printed postcards from Eluna to be shipped directly to you or a community organization.

The postcard pointers have been designed to support various types of loss and topics including:

- COVID Grief
- Suicide Grief
- Homicide Grief
- Anticipatory Grief
- Sudden Grief
- Natural Disaster Grief
- Mass Shooting Grief
- General Grief Support
- Overdose Grief
- Addiction Prevention & Support

To purchase a set of pre-printed postcards, please contact Sarah with the Eluna Resource Center: sarahbehm@elunanetwork.org (206) 466-3998

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