Grieving the Loss of a Sibling: Best Books for Kids

- **Author** - Custom Resource by the Eluna Team

When grieving the death of a sibling, kids & youth may become overwhelmed by the waves of complex emotions that accompany grief. It is often hard to find spaces to feel validated or fully understood in their grief experience. This is where the power of books and storytelling comes in - to provide comfort, compassion, and connection. As a caregiver or support professional books can also become a transformative tool for collective healing & hope.

After combing through several grief support books, the Eluna Resource Center has pulled together this list of literature to support youth who are grieving the death of a sibling. We encourage you to visit your local library to take a peek and check out the books that feel like the best fit.

Make sure to also check out our recommended books for grieving the loss of a [parent](#), [friend](#), [grandparent](#), and [anticipatory grief](#).

### Grieving the Loss of a Sibling:

**Ages 2 - 5**

- *Dancing on the Moon* by Janice Roper
- *You’ll Always Be* by Callie Fryt
- *Lost and Found: Remembering a Sister* by Ellen Yeomans

**Ages 5 – 7**

- *Chester Raccoon and the Acorn Full of Memories* by Audrey Penn
- *My Forever Guardian: Healing with friends from the loss of a loved one* by Kristina Bingham Jones
- *Where’s Jess? For Children Who Have a Brother or Sister Die* by Marvin Johnson
- *I Miss the Baby: A Child’s Grief Process Following the Miscarriage of a Sibling* by Irma Prosser

**Ages 7 - 12**
• *A Birthday Present for Daniel: A Child's Story of Loss* by Juliet Rothman
• *Since My Brother Died: Desde que Murio Mi Hermano* by Marisol Munoz-Kiehne

**Teens & Young Adults**

• *Instructions for a Secondhand Heart* by Tamsyn Murray
• *Grieving for the Sibling You Lost: A Teen's Guide to Coping with Grief and Finding Meaning After Loss* by Erica Goldblatt Hyatt
• *You Are Not Alone: Stories by Young Teens Who Have Experienced the Death of a Sibling* by Brooke's Place

Please let us know if you have any favorites that we are missing. Email Sarah