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The Moodsters is an evidence-based global children’s brand to address emotional literacy and resilience in young children, created by Denise Daniels, RN, MS, a Peabody award-winning broadcast journalist and author. As a child-development and parenting expert, Denise specializes in the social and emotional development of young children.

The Moodsters are 6 quirky little feelings detectives known only to their human friends Zach, Zoey, and Sam. Whenever there’s a mood mystery, The Moodsters are on the case! From their high-tech Emote Control Center, The Moodsters grab their detective gear and leap into action to help their friends with those big feelings and challenging situations.

Through age-appropriate guidance, lively characters, and engaging activities, The Moodsters guidebook helps young children build the resilience skills that enable them to not just bounce back from adversity, but bounce forward, better than ever.

Purchase the guidebook