Addiction Guide

Created By Addiction Guide

Addiction Guide is an addiction and mental health website founded by a board-certified addiction specialist, a long-recovered addict, and spouses of addicts. They provide reliable information about addiction and recovery to guide addicts and their loved ones to a happier, healthier life. Note: They do not accept paid advertising, paid referrals, or biased information.

Addiction Guide can help:

- Understand why addiction occurs and that it is more complicated than you think.
- Locate the right medical professional to help you overcome your addiction.
- Develop a time-tested and medically sound addiction recovery plan.

We particularly recommend checking out their resource guide on Children & Addiction for some helpful tips for talking to children while staying tuned in to possible risk factors and warning signs.