



A Little Hope



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A Little Hope's mission is to help provide bereavement support services and grief counseling for children, teens and young adults who have experienced the loss of a parent, sibling, or a loved one, regardless of the circumstances of the death.

One of the most alarming social trends over the past three decades is the dramatic increase in the number of children, teens and young adults suffering from unresolved childhood grief. Children who experience unresolved grief from the death of a father are:

- Five times more likely to complete suicide (U.S.D.H.H.S, Bureau of the Census.)
- Nine times more likely to drop out of high school (National Principals Association)
- Ten times more likely to engage in substance abuse (Rainbows, U.K)
- Twenty times more likely to have behavioral disorders (Center for Disease Control)

Program evaluations indicate that when children and adolescents are brought together with similar death experiences – whether the death occurred by accident, illness, suicide or murder – groups help to diminish the feelings of isolation and loneliness that they often experience.¹

1 Liebman-Rapp, A. (Peer Support Groups for Grieving Children and Adolescents: What Do They Accomplish?) Unpublished raw data

Visit A Little Hope for more information and resources.

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