




## Action Alliance for Suicide Prevention



Created by [Action Alliance for Suicide Prevention](#)

Suicide is a major public health issue, taking life without regard to age, income, education, social standing, race, or gender. The National Action Alliance for Suicide Prevention is the public-private partnership advancing the National Strategy for Suicide Prevention. They provide resources for suicide prevention through online guides, videos, and the number for the National Suicide Prevention Lifeline. The ultimate goal of the National Action Alliance for Suicide Prevention is to eliminate the tragic experience of suicide.

[Visit Action Alliance for Suicide Prevention](#)



### Hope for Life Day

Our American Indian and Alaska Native Task Force announced that the first-ever National American Indian and Alaska Native Suicide Prevention Hope for Life Day will be held annually on September 10, in conjunction with World Suicide Prevention Day.

[Read more](#)

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If you or someone you know is in crisis, please call 1-800-273-TALK (8255).

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### ■ Suicide is a serious and preventable public health problem.

Suicide takes life without regard to age, income, education, social standing, race, or gender. Overall, suicide is the 10th leading cause of death for all Americans, the 2nd leading cause of death for adults ages 25-34, and the 3rd leading cause of death for youth ages 15-24. The legacy of suicide continues long after the death, impacting bereaved loved ones and communities.

Fortunately, there is strong evidence that a comprehensive public health approach is effective in reducing suicide rates. In fact, suicide rates have been declining among both American youth and elders for well over a decade, two groups on which the nation has focused most. There are other population groups, though, for which the death toll is rising.

### ■ The time to change these statistics is now.

As our nation pulls together and focuses on our individual and collective roles in suicide prevention, we can develop effective strategies to prevent suicide and its devastating aftermath. Everyone has a role to play. A public health approach considers long-term prevention strategies, as well as crisis responses. It leverages large systems changes and targets specific vulnerable populations who are at higher risk.

The National Action Alliance for Suicide Prevention (Action Alliance) will ensure a sustained, nationwide public health effort, as it implements the *National Strategy for Suicide Prevention*<sup>®</sup>, to accomplish the ultimate goal of eliminating the tragic experience of suicide.