

Dealing with Sudden Death in Adolescence Ages 10-18

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"Adolescents understand death – your child understands that death is final and happens to everyone. They think about loss, and what this means for the future. However, they have less experience than adults, so learning to cope will be a new challenge. They may want to understand how the death occurred, and who is to blame."

This practical, 8-page guide provides insight into understanding an adolescent's developmental stage and how that informs their reaction to death and grief. The guide provides practical solutions for anyone supporting an adolescent through their grief journey. Download the booklet to read more.

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