



Activity: Memory Story Cards

Summer Edition



eluna

RESOURCE CENTER

Objective

This activity features The Memory Story Cards activity, with bonus summertime, travel questions! Memory Story Cards provide youth the opportunity to learn about their person by asking questions & hearing stories shared by grown-ups who knew the person who died well. This can be especially meaningful when the youth was young when the person died and/or they could benefit from support in developing secondary memories cultivated by reminiscing with stories & pictures.



Instructions

- Story Card questions can be cut out & placed in a jar/bag and chosen at random.
- Encourage youth to identify an adult who knew their person who died well.
- Support youth by practicing how to ask their grown-up to participate in the activity. For example, "(Grown-Up), I would really like to learn more about (person who died). Would there be a good time for us to do this Memory Story Card activity?"
- Reinforce the importance of doing this activity in a time and space that both the youth and grown-up are able to be present and engaged in the activity.

Supplies

- Memory Story Cards (Summer Edition) handout
- Scissors
- Jar/bag to hold cards

Additional ideas

Story Cards do not need to be completed in one sitting. Families can consider setting a weekly "Story Card" time & complete 3-5 questions at a time. Participants can engage extended family members and friends by sharing prompts via phone, email, or text.

Thank you, Kelly Petersohn, from Camp Erin Online for developing & sharing this activity!

Memory Story Cards

Summer Edition



Did they attend any summer camps as a kid? Any silly stories?

1

Did they know how/like to swim?

2

What did you like to do together during the summer?

3

Did they ever go to the ocean? Lake? Beach?

4

What was their go-to summer treat?

5

How did they spend an ordinary summer day?

6

Had they ever been on an airplane before? If so, where to?

7

Where did they travel that was particularly interesting?

8

What kind of activities did they like to do outside?

9

Did they like amusement parks, roller coasters, water parks?

10

What was their favorite travel snack?

11

Was there family that they would try to visit during the summer?

12

Did you go on any road trips together? If so, where to?

13

Were there any summertime family traditions that they held?

14

What kind of music did they listen to in the car on long trips?

15

What was summer like for them as a kid?

16

What advice do you think they would give to me about summer?

17

How did they celebrate summer holidays?

18